Visual Analog Scale (VAS)

Not difficult at all		Very difficult
(2) Rate the dif	ficulty you experience in swallowing due to dryness (DIFSWL)	)
Not difficult at all		Very difficult
	uch saliva is in your mouth (SALMOU)	
A lot		None
(4) Rate the dry	vness of your mouth (DRYMOU)	
Not dry at all		Very dry
(5) Rate the dry	yness of your throat (DRYTHR)	
Not dry at all		Very dry
-	vness of your lips (DRYLIP)	
Not dry at all		Very dry
(7) Rate the dry	yness of your tongue (DRYTNG)	
Not dry at all		Very dry
(8) Rate the lev	el of your thirst (LVLTHR)	
Not thirsty at all		Very thirsty

## (1) Rate the difficulty you experience in speaking due to dryness (DIFSPK)

## Xerostomia Questionnaire (XQ)

1. Rate your difficulty in talking due to dryness												
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
2. Rate your difficulty in chewing due to dryness												
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
3. Rate your difficulty in swallowing solid food due to dryness												
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
4. Rate the frequency of your sleeping problems due to dryness												
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
5. Rate your mout	h or th	nroat	dryn	iess v	vhen	eatir	ng fo	od				
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
6. Rate your mouth	n or th	roat	dryn	ess w	hile	not e	ating	g				
No problems	0	1	2	3	4	5	6	7	8	9	10	Could not be worse
7. Rate the frequency of sipping liquids to aid swallowing food												
Nev	<b>ver</b> 0	1	2	3	4	5	6	7	8	9	10	Always

8. Rate the frequency of sipping liquids for oral comfort when not eating

Never 0 1 2 3 4 5 6 7 8 9 10 Always